

NSYC

Commodore's Cup

PHRF Race

Sailing Instructions

Sunday September 13, 2020

The Commodore's Cup race is one of the races in our Club Race Series, which is described on the club website. This race is open to North Shore Yacht Club members only and is **modified to permit up to a 3-person crew (MAX)**, PHRF race. It is planned for Sunday, September 13th on Manhasset Bay and/or LI Sound, starting from the Worry Wart in Manhasset Bay with Warning Signal at 1325 hours and planned for about 2-3 hours.

This is a non-spinnaker race but a whisker pole **MAY** be used. A Cruising Start* will be used, with a standard 5-minute starting count-down commencing at approximately 1325 hours.

Registration: To register for this race please email raceentries@nsrc.net with your intention to race along with boat name, boat type, crew number (1 to 3), length, sail number & YRALIS PHRF rating. If you do not have a YRALIS PHRF rating, we will develop one for you if you supply the aforementioned data plus the size of your largest jib (as a percentage of "J"), the number of blades on your propeller & whether or not it is folding or fixed. If you need help, please call, text or email, George Marks, Cell/text 516-528-6773, Email: (georgeRmarks@gmail.com).

Start & Finish Lines: The start and finish line will be between a flag on the WW or RC launch and a pin with one flag. A separate finish line will not be used. Each boat's individual Start time & Finish time, will be taken by the Race Committee to the nearest second & used to determine its elapsed time for its course.

Taking Covid 19 into consideration, within these instructions, we will be using a sound system for signaling the start, either electric or air horn, instead of signal flags.

The Course: Marks (yellow CBCA marks and government buoys) for the course will be taken from the Cow Bay Racing Association (CBRA) 2020 race circular and chart (available on www.nsrc.net/sailing/racing....click on Cow Bay Racing Association Sailing Instructions (PDF.) Please download it if you do not have it. The marks of the course, including whether the marks are to be rounded to port or starboard, will be announced on VHF channel 69 and posted on the side of the WW (red placard, round to port, green placard, round to starboard), if practical. "Restrictions to Racing Area" included on the CBRA chart are applicable.

"Twice around" courses will not be used.

A **scratch sheet** listing all the boats entered will be emailed to entrants not later than noon on Saturday, September 12th and be posted at the Club the morning of the race. However, the Race Committee (RC) for the race may accept entries any time before the 1325 hours Warning.

If there are two divisions specified on the scratch sheet, they will be 6A and 6B. **Both divisions will start together**, although they may have different courses, as announced on VHF channel 69 by the RC. Courses may be the same for both divisions or there may be different courses for each depending on conditions and the number of entrants.

Radio Communications: Every boat shall have an operating VHF radio. Please monitor VHF Channel 69 for pre-race information & announcements and for RC instructions during the start and the entire race for safety and race updates. The RC requests communication from participants be limited to: announcing your presence in the starting area and your intentions to race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start. The RC may communicate information on VHF channel 69. No redress will be granted in regards to these informal communications. This changes RRS 41 and 62.1.

Cruising Start:

- The **Cruising Start** will be governed by the initial 5-minute starting count down, which will be **preceded** by multiple "Attention" sounds (beeps one minute prior).
- Each boat racing in either division must start within the following 5-minute **Start Window** commencing immediately after the **START single long sound**.
- The expiration of the **Start Window will be signaled by a second single long sound**, 5 minutes after its **START**.
- Boats not Starting within the 5-minute Starting Window will be scored as Did Not Start (DNS).
- Each boat's individual Start time and Finish time, will be taken by the Race Committee to the nearest second and used to determine its elapsed time for its course.

***Cruising Start Signals:**

Sound signal preceding 5-Minute Count-down to Start:

-6 min	Attention all racers	beeping sounds	Six minutes before start
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Sound Signals commencing 5-Minute Count-down to Start:

-5 min	Warning	Single sound	Five minutes before the start
-4 min	Prep	Single sound	Four minutes before the start
-1 min	Prep over	Single sound	One minute before the start
0 min	START	Single long sound (1)	Initiation of Start Window

START WINDOW (Next 5 minutes):

+5 min	END	Single long sound	Expiration of Start Window
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Boats not Starting within this 5-minute Starting Window will be scored as Did Not Start (DNS).

Shortening or Abandoning After the Start: If the RC shortens or abandons the race, it may do so by announcing the shortening or abandoning on VHF channel 69, as being at a mark of the course that none of the fleet has yet passed, the time to be taken by the skipper when within 50 feet abeam of the mark, and sent to the NSYC Race Management Committee at raceentries@nsyc.net.

Time Limit: The time limit for this race is 1600 hours. If one boat in a division finishes prior to the time limit, that constitutes a race for that division. A boat finishes when any part of her hull, her crew, or equipment in normal position, crosses the finish line from the course side.

Rules: This race is governed by The Racing Rules of Sailing 2017-2020 (RRS,) which are available on the club website (www.nsync.net/sailing/racing), except as modified by these Sailing Instructions. All boats shall comply with YRALIS PHRF regulations. Jib or Genoa must be attached to the forestay (only one sail is allowed at a time, except when changing headsails). Spinnakers, Bloopers, code zeros and mizzen staysails are not allowed;

Protests: Protests are governed by the RRS. The intention to Protest must be announced to the RC within one hour of finishing and the Protest must be submitted in writing in person, or by email, to the NSYC Protest Committee (Woody Greenberg, woodygreenberg@gmail.com, 815-8656, not later than noon on the day following the race. Protest forms are located in the Racing mailbox at NSYC.

Results: Results will be emailed to participants, posted at the club, on the website and published in the Blinker. Trophies for this race and the NSYC Club Race Series will be awarded at the end of season Awards event.

Live Party: In conjunction with this race is *The Commodore's LIVE Party* (formerly "Raft-Up") to be held on the outside decks (not in the clubhouse) of the Club starting at 1400 for all members. Masks and social distancing will be required. Reservations are required so please RSVP to Commodore Linda Kulla at commodore@nsync.net by September 9th at the latest . You must have signed the Covid 19 waiver to attend. We invite all participants to please join us there and make a day of it.

Please submit race questions and/or comments to George Marks (516-528-6773, georgeRmarks@gmail.com)

We hope you enjoy the race and the *LIVE Party*.

North Shore Yacht Club Race Management Committee