

# **NSYC** **Commodore's Cup**

## **PHRF Race**

### **Sailing Instructions**

Sunday, September 10, 2023

The Commodore's Cup race is one of the races in our Club Race Series, which is described on the Club website and Directory. This Sailing Instruction (SI) and the Notice of this race (NOR) will be on the Club's website, NLT Monday, August 28th, 2023.

This race is open to North Shore Yacht Club members only and is **a full-crew** PHRF, non-spinnaker, race with a **Cruising Start**. This is a non-spinnaker race but a whisker pole **MAY** be used.

It is planned for Sunday, September 10th on Manhasset Bay and/or LI Sound, starting from the Worry Wart (**WW**) in Manhasset Bay with Warning Signal at approximately 1325 hours, and planned for about 2-3 hours

**Time Limit:** The time limit for this race is 1700 hours. If one boat in a division finishes prior to the time limit, that constitutes a race for that division.

**Scratch Sheet:** A **scratch sheet** listing all the boats entered will be emailed to entrants not later than noon on Saturday, September 9th and posted at the Club the morning of the race. However, the RaceCommittee (RC) for the race may accept entries any time before the 1325 hours Warning.

**Divisions:** If there are two divisions specified on the scratch sheet, they will be 6A and 6B. **Both divisions will start together**, although they may have different courses, as announced on VHF channel 69 by the RC. Courses may be the same for both divisions or there may be different courses for each depending on conditions and the number of entrants.

#### **Start & Finish Lines:**

-We will be using a sound system for signaling the start, either electric or air horn, instead of signal flags. (See Cruising start details below)

-The starting line will be between a staff displaying an orange flag on the WW & a pin with a flag.

-The finish line will be the same as the start line **unless** the RC chooses to fly flag "F" signaling a decision for a separate finish line in which case the finish line will be between a blue flag on the WW **and a pin with 2 flags**.

-A boat finishes when any part of her hull crosses the finish line from the course side.

**Shortening or Abandoning After the Start:** If the RC shortens or abandons the race, it may do so by announcing the shortening or abandoning on VHF channel 69, as being at a mark of the course that none of the fleet has yet passed, the time to be taken by the skipper when within 50 feet abeam of the mark, and sent to the NSYC Race Management Committee at [raceentries@nsrc.net](mailto:raceentries@nsrc.net).

**(Next Page)**

## Sailing Instructions - Continued

**Radio Communications:** Every boat shall have an operating VHF radio. Please monitor VHF Channel 69 for pre-race information and announcements and for RC instructions during the start and continuing during the race for safety and race updates. The RC requests communication from participants be limited to: announcing your presence in the starting area and your intentions to race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start. The RC may communicate information on VHF channel 69. No redress will be granted in regard to these informal communications. This changes RRS 41 and 62.1.

**Cruising Start:** A Cruising Start will be used in this race, with a standard 5-minute starting sequence commencing at approximately 1325 hours in which boats may not start but followed by a 5-minute window in which boats may start any time within that period. Boats not Starting within the second 5-minute Starting Window will be scored as Did Not Start (DNS). **Details below.**

- The **Cruising Start** will be governed by the initial 5-minute starting countdown, which will be **preceded** by multiple “Attention” sounds (beeps one minute prior).
- Each boat racing in either division must start within the following 5-minute **Start Window** commencing immediately after the **START single long sound.**
- The expiration of the **Start Window** will be signaled by a second **single long sound**, 5 minutes after its **START.**
- Boats not Starting within the second 5-minute Starting Window will be scored as Did Not Start (DNS).
- Each boat’s individual Start time and Finish time, will be taken by the Race Committee to the nearest second and used to determine its elapsed time for its course.

### **\*Cruising Start Signals:**

#### **Sound signal preceding 5-Minute Count-down to Start:**

-6 min    Attention all racers            beeping sounds                                  Six minutes before the start.

#### **Sound Signals commencing 5-Minute Count-down to Start:**

-5 min	Warning	Single sound	Five minutes before the start
-4 min	Prep	Single sound	Four minutes before the start
-1 min	Prep over	Single sound	One minute before the start
<b>0 min</b>	<b>START</b>	<b>Single long sound (1)</b>	<b>Initiation of Start Window</b>

#### ***START WINDOW (Next 5 minutes):***

**+5 min            END                                  Single long sound                                  Expiration of Start Window**

**Boats not Starting within this second 5-minute Starting Window will be scored as Did Not Start(DNS).**

**(Next Page)**

## **Sailing Instructions - Continued**

**Rules:** This race is governed by The Racing Rules of Sailing 2021-2022 (RRS,) which are available on the club website ([www.nsync.net/sailing/racing](http://www.nsync.net/sailing/racing)), except as modified by these Sailing Instructions. All boats shall comply with YRALIS PHRF regulations. Jib or Genoa must be attached to the forestay (only one sail is allowed at a time, except when changing headsails). Spinnakers, Bloopers, code zeros and mizzen staysails are not allowed;

**Protests:** RRS61.3 is amended by the following. Protests must be in writing and emailed to the Protest Chairman, Woody Greenberg, at [woodygreenberg@gmail.com](mailto:woodygreenberg@gmail.com), no later than Noon on the day following the race. Any Protest Hearing required will be held at NSYC at 8 p.m. on the Wednesday following the race. Protest forms, if needed, are located in the Racing mailbox at NSYC.

**Results:** Results will be emailed to participants, posted at the club, on the website, and published in the club's *Blinker* newsletter. Awards for this race and the NSYC Club Race Series are presented at the end-of-season Awards event.

**Commodore's Meet-Up (formerly Raft-up):** In conjunction with this race, this will take place Sunday, September 10, at 1600 hrs., hosted by Commodore Richard Predmore, on the back deck of the clubhouse. All participants are invited to please join us there and make a day of it.

**Questions/Comments:** Please submit race questions and/or comments to Bill Palafox (Cell/Text 516-728-4389, E-Mail: [sailfly7744@gmail.com](mailto:sailfly7744@gmail.com))

We hope you enjoy the race and the Commodore's Meet-Up.

**NSYC Race Management Committee (RMC):** Bill Palafox, Richard Raskin & Ernest Goetz