

# NSYC Commodore's Cup

## PHRF Race

### Sailing Instructions

Sunday September 11, 2022

The Commodore's Cup race is one of the races in our Club Race Series, which is described on the Club website and Directory. This Sailing Instruction (SI) and the Notice of this race (NOR) will be on the Club's website, NLT Sunday, August 28th, 2022.

**Covid:** Compliance with the NSYC current Covid protocols, if provided, shall be observed.

This race is open to North Shore Yacht Club members only and is **a full crew** PHRF race with a Cruising Start. It is planned for Sunday, September 11th on Manhasset Bay and/or LI Sound, starting from the Worry Wart (**WW**) in Manhasset Bay with Warning Signal at approximately 1325 hours, planned for about 2-3 hours with a time limit of 1630 hours.

This is a non-spinnaker race but a whisker pole **MAY** be used. A Cruising Start will be used in this race, with a standard 5-minute starting sequence commencing at approximately 1325 hours in which boats may not start, but followed by a 5-minute window in which boats may start any time within that period.

We will be using the chart with racing mark letter designations from the Cow Bay Racing Association (CBRA) 2022 circular for our courses. If you do not already have the CBRA chart, download it from the club website: [www.nsysc.net/sailing/racing](http://www.nsysc.net/sailing/racing), and then click on Cow Bay Racing Sailing Instructions (PDF). Please download it if you do not have it.

**Radio Communications:** Every boat shall have an operating VHF radio. Please monitor VHF Channel 69 for pre-race information & announcements and for RC instructions during the start and the entire race for safety and race updates. The RC requests communication from participants be limited to: announcing your presence in the starting area and your intentions to race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start. The RC may communicate information on VHF channel 69. No redress will be granted in regards to these informal communications. This changes RRS 41 and 62.1.

The marks for the course, including whether the marks are to be rounded to port or starboard, will be announced on VHF channel 69 and posted on the side of the WW (red placard, round-to-port, green placard, round-to-starboard), if practical. "Restrictions to Racing Area" included on the CBRA chart are applicable.

**"Twice Around" courses will not be used.**

If there are two divisions specified on the scratch sheet, they will be 6A and 6B. **Both divisions will start together**, although they may have different courses, as announced on VHF channel 69 by the RC. Courses may be the same for both divisions or there may be different courses for each depending on conditions and the number of entrants.

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## Sailing Instructions - Continued

### Start & Finish Lines:

-We will be using a sound system for signaling the start, either electric or air horn, instead of signal flags. (See Cruising start details below)

-The starting line will be between a staff displaying an orange flag on the WW and a pin with a flag.

-The finish line will be the same as the start line **unless** the RC chooses to fly flag "F" signaling a decision for a separate finish line in which case the finish line will be between a blue flag on the WW and a pin with 2 flags.

-A boat finishes when any part of her hull crosses the finish line from the course side.

**Shortening or Abandoning After the Start:** If the RC shortens or abandons the race, it may do so by announcing the shortening or abandoning on VHF channel 69, as being at a mark of the course that none of the fleet has yet passed, the time to be taken by the skipper when within 50 feet abeam of the mark, and sent to the NSYC Race Management Committee at [raceentries@nsrc.net](mailto:raceentries@nsrc.net).

A **scratch sheet** listing all the boats entered will be emailed to entrants not later than noon on Saturday, September 10th and posted at the Club the morning of the race. However, the Race Committee (RC) for the race may accept entries any time before the 1325 hours Warning.

### Cruising Start:

- The **Cruising Start** will be governed by the initial 5-minute starting count down, which will be **preceded** by multiple "Attention" sounds (beeps one minute prior).
- Each boat racing in either division must start within the following 5-minute **Start Window** commencing immediately after the **START single long sound**.
- The expiration of the **Start Window** will be signaled by a second **single long sound**, 5 minutes after its **START**.
- Boats not Starting within the 5-minute Starting Window will be scored as Did Not Start (DNS).
- Each boat's individual Start time and Finish time, will be taken by the Race Committee to the nearest second and used to determine its elapsed time for its course.

### \*Cruising Start Signals:

#### Sound signal preceding 5-Minute Count-down to Start:

-6 min    Attention all racers            beeping sounds                                  Six minutes before start

#### Sound Signals commencing 5-Minute Count-down to Start:

-5 min	Warning	Single sound	Five minutes before the start
-4 min	Prep	Single sound	Four minutes before the start
-1 min	Prep over	Single sound	One minute before the start
<b>0 min</b>	<b>START</b>	<b>Single long sound (1)</b>	<b>Initiation of Start Window</b>

#### **START WINDOW (Next 5 minutes):**

**+5 min            END                                  Single long sound                                  Expiration of Start Window**

**Boats not Starting within this 5-minute Starting Window will be scored as Did Not Start (DNS).**

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## **Sailing Instructions - Continued**

**Time Limit:** The time limit for this race is 1630 hours. If one boat in a division finishes prior to the time limit, that constitutes a race for that division.

**Rules:** This race is governed by The Racing Rules of Sailing 2021-2022 (RRS,) which are available on the club website ([www.nsync.net/sailing/racing](http://www.nsync.net/sailing/racing)), except as modified by these Sailing Instructions. All boats shall comply with YRALIS PHRF regulations. Jib or Genoa must be attached to the forestay (only one sail is allowed at a time, except when changing headsails). Spinnakers, Bloopers, code zeros and mizzen staysails are not allowed;

**Protests:** RRS61.3 is amended by the following. Protests must be in writing and emailed to the Protest Chairman, Woody Greenberg, at [woodygreenberg@gmail.com](mailto:woodygreenberg@gmail.com), no later than Noon on the day following the race. Any Protest Hearing required will be held at NSYC at 8 p.m. on the Wednesday following the race. Protest forms, if needed, are located in the Racing mailbox at NSYC.

**Results:** Results will be emailed to participants, posted at the club, on the website and published in the club's *Blinker* newsletter. Awards for this race and the NSYC Club Race Series will be awarded at the end of season Awards event.

In conjunction with this race, the ***Commodore's Meet-Up (formerly Raft-up)*** will take place Sunday, September 11, at 1600 hrs. hosted by Commodore Linda Kulla, on the back deck of the clubhouse. We invite all participants to please join us there and make a day of it.

Please submit race questions and/or comments to George Marks (516-528-6773, [georgeRmarks@gmail.com](mailto:georgeRmarks@gmail.com))

We hope you enjoy the race and the Commodore's Meet-Up.

**NSYC Race Management Committee (RMC):** George Marks, Bill Palafox & Richard Raskin