

NSYC

Commodore's Cup

PHRF Race

Sailing Instructions

Sunday September 19, 2021

The Commodore's Cup race is one of the races in our Club Race Series, which is described on the club website.

This race is open to North Shore Yacht Club members only and is **a full crew** PHRF race with a Cruising Start. It is planned for Sunday, September 19th on Manhasset Bay and/or LI Sound, starting from the Worry Wart (**WW**) in Manhasset Bay with Warning Signal at approximately 1325 hours, planned for about 2-3 hours with a time limit of 1630 hours.

This Sailing Instruction and the Notice of this race will be on the Club's website, NLT Tuesday, September 7th.

As for Covid-19, please follow the Club's Covid Protocol for this race posted on the NSYC website adjacent to the Race Notice and Sailing Instructions.

This is a non-spinnaker race but a whisker pole **MAY** be used. A Cruising Start* will be used, with a standard 5-minute starting count-down commencing at approximately 1325 hours. **The Course:** Marks (yellow CBCA marks and government buoys) for the course will be taken from the Cow Bay Racing Association (CBRA) 2021 race circular and chart (available on www.nsync.net/sailing/racing....click on Cow Bay Racing Association Sailing Instructions (PDF.) Please download it if you do not have it. The marks of the course, including whether the marks are to be rounded to port or starboard, will be announced on VHF channel 69 and posted on the side of the WW (red placard, round-to-port, green placard, round-to-starboard), if practical. "Restrictions to Racing Area" included on the CBRA chart are applicable.

"Twice Around" courses will not be used.

Start & Finish Lines:

-We will be using a sound system for signaling the start, either electric or air horn, instead of signal flags.

-The starting line will be between a staff displaying an orange flag on the WW and a pin with a flag.

-The finish line will be the same as the start line unless the RC chooses to fly flag "F" signaling a decision for a separate finish line in which case the finish line will be between a blue flag on the WW and a pin with 2 flags.

-A boat finishes when any part of her hull crosses the finish line from the course side.

Shortening or Abandoning After the Start: If the RC shortens or abandons the race, it may do so by announcing the shortening or abandoning on VHF channel 69, as being at a mark of the course that none of the fleet has yet passed, the time to be taken by the skipper when within 50 feet abeam of the mark, and sent to the NSYC Race Management Committee at raceentries@nsyc.net.

A **scratch sheet** listing all the boats entered will be emailed to entrants not later than noon on Saturday, September 18th and posted at the Club the morning of the race. However, the Race Committee (RC) for the race may accept entries any time before the 1325 hours Warning.

If there are two divisions specified on the scratch sheet, they will be 6A and 6B. **Both divisions will start together**, although they may have different courses, as announced on VHF channel 69 by the RC. Courses may be the same for both divisions or there may be different courses for each depending on conditions and the number of entrants.

Radio Communications: Every boat shall have an operating VHF radio. Please monitor VHF Channel 69 for pre-race information & announcements and for RC instructions during the start and the entire race for safety and race updates. The RC requests communication from participants be limited to: announcing your presence in the starting area and your intentions to race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start. The RC may communicate information on VHF channel 69. No redress will be granted in regards to these informal communications. This changes RRS 41 and 62.1.

Cruising Start:

- The **Cruising Start** will be governed by the initial 5-minute starting count down, which will be **preceded** by multiple “Attention” sounds (beeps one minute prior).
- Each boat racing in either division must start within the following 5-minute **Start Window** commencing immediately after the **START single long sound**.
- The expiration of the **Start Window will be signaled by a second single long sound**, 5 minutes after its **START**.
- Boats not Starting within the 5-minute Starting Window will be scored as Did Not Start (DNS).
- Each boat’s individual Start time and Finish time, will be taken by the Race Committee to the nearest second and used to determine its elapsed time for its course.

***Cruising Start Signals:**

Sound signal preceding 5-Minute Count-down to Start:

-6 min	Attention all racers	beeping sounds	Six minutes before start
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Sound Signals commencing 5-Minute Count-down to Start:

-5 min	Warning	Single sound	Five minutes before the start
-4 min	Prep	Single sound	Four minutes before the start
-1 min	Prep over	Single sound	One minute before the start
0 min	START	Single long sound (1)	Initiation of Start Window

START WINDOW (Next 5 minutes):

+5 min	END	Single long sound	Expiration of Start Window
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Boats not Starting within this 5-minute Starting Window will be scored as Did Not Start (DNS).

Time Limit: The time limit for this race is 1630 hours. If one boat in a division finishes prior to the time limit, that constitutes a race for that division.

Rules: This race is governed by The Racing Rules of Sailing 2021-2022 (RRS,) which are available on the club website (www.nsync.net/sailing/racing), except as modified by these Sailing Instructions. All boats shall comply with YRALIS PHRF regulations. Jib or Genoa must be attached to the forestay (only one sail is allowed at a time, except when changing headsails). Spinnakers, Bloopers, code zeros and mizzen staysails are not allowed;

Protests: RRS61.3 is amended by the following. Protests must be in writing and emailed to the Protest Chairman, Woody Greenberg, at woodygreenberg@gmail.com, no later than Noon on the day following the race. Any Protest Hearing required will be held at NSYC at 8 p.m. on the Wednesday following the race. Protest forms, if needed, are located in the Racing mailbox at NSYC.

Results: Results will be emailed to participants, posted at the club, on the website and published in the club's *Blinker* newsletter. Awards for this race and the NSYC Club Race Series will be awarded at the end of season Awards event.

In conjunction with this race is **The Commodore's LIVE Party** (formerly "Raft-Up") to be held on the outside decks (not in the clubhouse) of the Club starting at 1500 for all members. Masks and social distancing will be required for those that are not vaccinated. Reservations are required so please RSVP to Commodore Linda Kulla at commodore@nsync.net by September 12th at the latest. We invite all participants to please join us there and make a day of it.

Please submit race questions and/or comments to George Marks (516-528-6773, georgeRmarks@gmail.com)

We hope you enjoy the race and the **LIVE Party**.

North Shore Yacht Club Race Management Committee