



SAILING INSTRUCTIONS FOR THE  
NORTH SHORE YACHT CLUB

34th ANNUAL DAY RACE

SATURDAY, June 17, 2023

THIS IS A QUALIFYING RACE FOR YACHT RACING ASSOCIATION  
OF LONG ISLAND SOUND (YRALIS) PHRF TROPHIES INCLUDING  
THE YRALIS YOUTH CHALLENGE CUP

**Rules:**

The race shall be governed by The Racing Rules of Sailing 2021-2024 (RRS), including US Sailing Prescriptions, and by these Sailing Instructions. All boats shall comply with YRALIS PHRF regulations. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty”.

Please identify boat name and sail number to the Race Committee (RC) prior to the start by calling in on VHF Channel 77. Each entrant is requested to fly Code Flag “R” from the starboard rigging while racing. The RC reserves the right to accept entries up until the first Warning signal.

**Radio Communications:**

Every boat shall have an operating VHF radio. Please monitor VHF Channel 77 for pre-race information and announcements. The race committee requests communication from participants be limited to: announcing your presence in the starting area and your intentions to Race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start. The RC may communicate information on VHF channel 77. No redress will be granted in regard to these informal communications. This changes RRS 41 and 62.1

**(Continued, Next Page)**

## Courses:

The Starting Line shall be between Can "1" (N.E. of Execution Rocks) and the orange flag on the committee boat.

Courses will be designated on a placard displayed on the RC boat as A, B, C or D as follows:

### Course A

Gong "21" off Matinecock Pt. (leave to port)

N "40A" off Scotch Caps (leave to port)

Gong "1" off Hart Island (leave to port)

Finish.

Distance is 15.5 Nautical Miles

### Course B

Bell "48" off Northern Span of Throgs Neck Bridge (leave to port)

Can "1" N.E. of Execution Rocks (leave to starboard)

Gong "27" off Gangway Rock (leave to port)

Finish

Distance is 16.0 Nautical Miles

Westbound...Must leave Stepping Stones Lighthouse to Port

Eastbound...Must leave Stepping Stones Lighthouse to Starboard

### Course C

"R2" FI R off Hens and Chickens (leave to port)

Gong 29 off Hewlett Point (leave to starboard)

Gong "1" off Hart Island (leave to starboard)

Finish

Distance is 7.8 Nautical Miles

### Course D

Gong "23" off Prospect Pt (leave to starboard)

Gong "1" off Hart Island (leave to port)

Gong 29 off Hewlett Point (leave to port)

Gong "27" off Gangway Rock (leave to starboard)

Finish

Distance is 7.6 Nautical Miles

## **Finish:**

The Finish will be in Manhasset Bay between Can "3" (S.E. of Plum Point) and the blue flag on the Committee Boat

(There may be a different committee boat at Finish from that at the Start.)

**Time limit** for all divisions will be 1700 hours. This may be extended at the RC's discretion should fairness and conditions warrant. If one boat in a division finishes prior to the time limit that constitutes a race for that division and all other boats in that division have to finish to be scored. The RC will remain on station until the last boat finishes or 1700 hrs. whichever is first. If the RC is not on station after the time limit expires boats shall keep their own Finish times and report them to the RC on Channel 77 within 15 minutes of finishing or upon arriving back at the club. When taking your own Finish time, you may pass on either side of the Can "3" but you must be within 50 yards of it and take your Finish time when it is abeam, **but at a 90-degree angle from a line from the last mark.**

## **Postponements and Recalls**

Postponements will be signaled in accordance with RRS 27.3 (AP Pennant), Individual recalls will be signaled in accordance with RRS 29.1 ("X" flag). In addition, the Race Committee will attempt to hail via voice, loud hailer and/or VHF radio, the sail number(s) of the boat(s) being recalled. This is a courtesy only. Failure of the boat to hear, or failure of the RC to make these hails in no way relieves the boat of her responsibility to start correctly. General recalls will be signaled in accordance with RRS 29.2 (First Substitute), except that the recalled division will start after all other divisions have started ("go to the end of the line").

## **Shortening Course, Abandonment and Cancellation**

Courses may be shortened or abandoned by the race committee at any point on the course in the interest of fairness should conditions warrant. Shortened courses will be indicated in accordance with RRS 32.1 ("S" pennant and two horn blasts). Abandonment and resail will be signaled in accordance with RRS 27.3 (Abandonment and Resail "N"). Cancellation of the race will be signaled by Code Flag "N" over "H" and 3 guns).

**Commercial Traffic:** No boat shall interfere with commercial shipping transiting the area. Any boat observed in violation of this rule by the Race Committee may be disqualified without a hearing. This changes RRS 63.1

**Protests:** Protests are governed by the RRS. The intention to Protest must be announced to the RC within one hour of finishing and the Protest must be submitted in writing, in person, or by email, to the NSYC Protest Committee (Woody Greenberg, [woodygreenberg@gmail.com](mailto:woodygreenberg@gmail.com), 516-815-8656, not later than noon on the day following the race. Protest forms are available from the RC and also located in the Racing Mailbox at NSYC.

## Starting Sequence:

**The first warning signal will be made no earlier than 1050 hours.** The starts will be run according to RRS 26. Boats whose preparatory signal has not been made must keep well clear of the starting area, and of all boats whose preparatory signal has been made. Any boat starting 4 or more minutes after her starting signal may be scored DNS at RC's discretion.

## Anticipated Starting Schedule:

### Division I (PHRF spinnaker, numeral flag "1")

Five minutes before the Start, One Horn	Warning	Division Class Flag Raised
Four minutes before the Start, One Horn	Prep	"P" Flag Raised
One minute before the Start, One Horn:		"P" Flag Lowered
At the Start, One Horn:	Start	Division Flag Removed

**Division II** (PHRF non-spinnaker, numeral flag "2") will start with the same starting sequence as Division I as quickly as conditions permit. Note: **The committee will not use rolling starts.** Watch for your division class flag to be raised.

Boats vying for the **YRALIS Youth Challenge Cup** must follow the rules and procedures as prescribed under YRALIS YOUTH CHALLENGE CUP.

## Trophies and Awards:

Division trophies for the best corrected times will be awarded on following basis: First if the division consists of 3 boats; First & Second if the division consists of 5 boats; and First, Second & Third if the division consists of 7 or more boats. Double-Handed trophies will also be awarded on the aforementioned basis if 3 or more boats in the non-spinnaker division are sailing double-handed. Due to the disparity in the types of boats racing in each division, the race committee reserves the right to award additional trophies. Results will be announced and posted during the post-race party following the race at the NSYC Club House as well as by e-mail. Trophies and awards will be awarded at NSYC annual fall dinner dance.

**POST RACE PARTY:** Immediately following the race there will be a party at the NSYC, with complementary beer, soda, snacks and such. **The Party** will be held on the outside decks at NSYC, with overlap inside the clubhouse.

All participants and crew are invited to please join us at the Party and make a day of it.

**Contact Information:** Please submit race questions and/or comments to Ernest Goetz (516-305-2606, [egoetzesq@gmail.com](mailto:egoetzesq@gmail.com))

**SIMPLIFIED COURSE CHART-NOT TO BE USED FOR NAVIGATION:**

