

Smith Cup Double-Handed PHRF Race

Sunday, July 12, 2026

Sailing Instructions

The Smith Cup race is one of the races in our Club Race Series, which is described on the club website and Directory.

The race is open to all North Shore Yacht Club members and invited YRALIS member guests and will be a double-handed, non-spinnaker, PHRF race with skipper and a crew member.

A whisker pole may be used.

It is planned for Sunday, July 12th on Manhasset Bay and/or LI Sound, Starting and Finishing from the Worry Wart in Manhasset Bay with Warning Signal at approximately 1325 hours. It is planned for about 2-3 hours with a time limit of 1700 hours.

Racing Start: A Racing Start (RRS Rule 26) will be used, with a standard 5-minute starting sequence commencing at approximately 1325 hours.

Rules: This race is governed by The Racing Rules of Sailing 2025-2028 (RRS,) which are available on the club website (www.nsync.net/sailing/racing), except as modified by these Sailing Instructions, boats shall comply with YRALIS PHRF regulations. Jib or Genoa must be attached to the forestay (only one sail is allowed at a time, except when changing headsails).

Spinnakers, Bloopers, code zeros and mizzen staysails are not allowed.

Sailing Instructions: These Sailing Instructions (SI) for the Smith Cup will be available on the website (www.nsync.net/sailing/racing), no later than Monday, June 29, 2026.

The Course: Marks (yellow CBCA marks and government buoys) for the course will be taken from the Cow Bay Racing Association (CBRA) 2025 race circular and chart (available on (www.nsync.net/sailing/racing), click on Cow Bay Racing Association Sailing Instructions (PDF). Please download it if you do not have it.

The marks of the course will be announced on VHF channel 69 and, if practical, posted on the side of the WW, (red placard, mark to be rounded/left to port; green placard, mark to be rounded/right to starboard. "Restrictions to Racing Area" included on the CBRA chart are applicable.

"Twice around" courses will not be used.

Start & Finish Lines:

-The starting line will be between a staff displaying an orange flag on the Worry Wart and a pin with a flag.

-The finish line will be the same as the start line unless flag "F" is flown signaling a separate finish line in which case the finish line will be between a blue flag on the Worry Wart and a pin with 2 flags.

-The RC shall record each individual boat's Finish time to the nearest hour, minute and second to determine total elapsed time.

Radio Communications: Every boat shall have an operating VHF radio. Please monitor VHF Channel 69 for pre-race information and announcements. The RC requests communications from participants be limited to: announcing your presence in the starting area and your intentions to race, emergencies, withdrawal, abandonment, and for reporting large changes in conditions after the start.

The RC may communicate information on VHF channel 69. No redress will be granted in regards to these informal communications. This changes RRS 41 and 62.1.

Scratch Sheet: A listing of all the boats registered will be emailed to all registrants no later than 9AM on Saturday, July 11th and posted at the club the morning of the race. However, the Race Committee (RC) may accept entries any time before the 1325 hours Warning Signal.

Divisions: If there are two divisions specified on the scratch sheet, they will be 6A and 6B.

Both divisions will start together, although they may have different courses, as announced on VHF channel 69 by the RC. Courses may be the same for both divisions or there may be different courses for each depending on conditions and the number of entrants.

Time Limit: The time limit for this race is 1700 hours. If one boat in a division finishes prior to the time limit, that constitutes a race for that division. A boat finishes when any part of her hull, crosses the finish line from the course side.

Shortening or Abandoning After the Start: If the RC shortens or abandons the race, it may do so by announcing the shortening or abandoning on VHF channel 69, as being at a mark of the course that none of the fleet has yet passed, the time to be taken by the skipper when within 50 feet abeam of the mark (Finish time to the nearest hour, minute and second) and sent to, raceentries@nsyc.net. This changes RRS Rule 32.2.

Protests: RRS61.3 is amended by the following. Protests must be in writing and emailed to the Protest Chairman, Woody Greenberg, at woodygreenberg@gmail.com no later than noon on the day following the race. Any Protest Hearing required will be held at NSYC at 8 p.m. on the Wednesday following the race. Protest forms, if needed, are located in the Racing mailbox at NSYC.

Race Results: Race results will be emailed to entrants, posted at the club, on the club website and published in the Blinker. Trophies for the race and the winner of the Club Race Series will be awarded at an appropriate NSYC end-of-season awards event.

WAIVER AND INDEMNITY AGREEMENT: By registering for this event, the person-in-charge of each boat agrees to the following, and agrees that he/she shall obtain the agreement of each crew member and passenger to the following:

1. I acknowledge that I have successfully completed the New York State Safe Boating Course and I currently, and at all times when I am participating in this program will, hold a valid New York State Boating Safety Certificate, or, if I am not a New York State resident, and the state where I reside requires that I take a Boating Safety Course, I acknowledge that I have successfully completed such Boating Safety Course and I currently, and at all times when I am participating in this program will, hold a valid Boating Safety Certificate issued by such state.
2. By registering for this event, the person-in-charge of each boat agrees to the following, and agrees that he/she shall obtain the agreement of each crew member and passenger to the following:
 - A. My crew and passengers and I recognize that sailing is an activity that has an inherent risk of property damage and personal injury, sickness and disease (including communicable diseases such as COVID-19) associated with it. We have read rule 4 of the current Racing Rules of Sailing, Decision to Race, and hereby acknowledge and agree that we are participating in this event entirely at our own risk.
 - B. My crew and passengers and I acknowledge and agree, to the fullest extent permitted by law, that neither the organizing authority nor the race committee, nor their members or board members, will be responsible in any way for: a) any damage to the entered boat or any other property, or b) any injury, sickness or disease (including communicable diseases such as COVID-19) to my crew or passengers or me, including death, sustained as a result of our participation in this event.
 - C. My crew and passengers and I hereby waive, to the fullest extent permitted by law, any rights I or they may have to sue the race organizers (including the organizing authority, its board members, host club, race committee, protest committee, sponsors or any other organization or official or their members) with respect to: a) any damage to the entered boat or any other property, or b) any injury, sickness or disease (including communicable diseases such as COVID-19) to my crew or passengers or me, including death, sustained as a result of our participation in this event.
 - D. I have taken all necessary steps to ensure that my crew and passengers and I and my entered boat are adequately prepared for all possible contingencies, including carrying and using appropriate safety equipment as may be required by law or regulation, the current Racing Rules of Sailing and/or that a prudent seaman would consider advisable.
 - E. My crew and passengers and I agree to be bound by all rules that govern this event.
 - F. I will inform all crew members and passengers of the conditions stated herein for their participation in such racing, including this disclaimer, and obtain their agreement thereto prior to racing.

We endeavor to provide race skippers and crews with a competitive, challenging and enjoyable afternoon of racing and hope you will register, race and have a great time!

CONTACT: Please contact Bill Palafox (Cell/Text 516-728-4389)

Email: sailfly7744@gmail.com for questions or comments.

NSYC Race Management Committee (RMC): Constantine Alexandrakis, Jim Gordon, Bill Palafox, Evan Spence